

Welcome to Community Care Weight Management & Metabolic Care!

Thank you for selecting us to help you achieve your weight loss goals. Before your first appointment we wanted to provide a brief overview of our program to help you understand what to expect as you start this journey.

CCP Weight Management & Metabolic Care takes a multi-disciplinary approach to help our patients lose weight. Therefore, before medications for weight loss are considered you will have multiple appointments with a variety of clinicians. Why do we require you to see multiple clinicians across disciplines? To help ensure your success! It is a proven fact that when patients receive support from multiple people to address barriers to weight loss, they are more successful in the long term.

Who will you see?

1. A Dietitian: Our team of Registered Dietitians provide nutrition-based treatment individualized to meet your needs. You will meet with the Registered Dietitian at least once every 6 months, more frequently if needed (Billing codes- 97802 , 97803)
2. A Behavioral Health Consultant: Our behavioral health team explores any behaviors or barriers to your success and provides one-on-one psychoeducation and skill building to provide interventions to better optimize healthy lifestyle choices. You will follow up with the Behavioral Health Consultant at intervals decided between you and the provider. (Billing codes- 90791 , 90832)
3. A Clinical Pharmacist: Our team of Clinical Pharmacists meet with you to educate you on the medications commonly used in our program to help with weight loss. They will follow up with you for medication checks, if you are started on medication, to ensure it is working well for you and to answer any questions you may have (Billing Code- 99211)
4. A Nurse Practitioner: Our team of Nurse Practitioners will complete a comprehensive medical evaluation; they will review your medical history and discuss your goals for weight loss. (Billing code- 99215 , 99214)

Kindly note, just by being referred to our office **does not guarantee** you will be prescribed medications for weight loss. We also cannot guarantee insurance coverage for any medication. If you are interested in medications for weight loss, we ask that you contact your insurance company before your appointment(s) to become aware of what their requirements may be and verify coverage for visits using the billing codes provided.

We look forward to seeing you soon!

Serving Our Community for Over 35 Years